

ALTERNATIVE SUPPORT OPTIONS FOR CLIENTS

If a client is not eligible for Birth for Humankind support or not able to be matched with a Birth for Humankind doula, below are some alternative options for clients to access continuity of support – from a doula, student doula, or student midwife. Doulas and student doulas may charge a fee (often lower for student doulas). Student midwives offer a free service.

Note: Birth for Humankind has no formal affiliation with any of the below services and therefore cannot provide specific information about them or their members/students.

Note: these services will likely not have the capacity to provide an interpreter. Student midwives attend visits in hospital and could be matched with clients who do not share a language as hospital interpreters will be used. The client would need to have basic English for communication with a student midwife.

Mother Moon

- This is a free service.
- Each application is considered individually and matched on a case-by-case basis.
- With compassion and care, Mother Moon student doulas offer:
 - Three antenatal sessions.
 - On-call availability from 38–42 weeks.
 - Two postpartum visits.

For enquiries about the availability of Student Doulas to provide birth support for families in need, please contact Bronwyn Dunlop at hello@mothermoon.au

Doula Directory Facebook Group

- This is a private Facebook group where you can request doula support – including by a student doula (often a cheaper option) – by posting in the group.

Access via: www.facebook.com/groups/324923570991992

Birth Hub

- Provides a list of student midwives in Melbourne.
- Read about each person and contact directly to ask if they are available.

Access via: www.birthhub.info/student-midwives.html

A Student for Every Woman

- A private Facebook group connecting pregnant women with student midwives in Melbourne and Geelong.

Access via: www.facebook.com/groups/280671229026793/

Register Interest for a Student Midwife

- Register interest via this portal to have a student midwife provide a continuity of care experience.
- Note: clients need to be matched by 35 weeks gestation.

Access via: <https://asterion.federation.edu.au/MIDAC-Vic/>