



## Private Doula Support Options

If someone does not meet Birth for Humankind's **economic disadvantage** criteria, they can hire a doula privately. Below are some options for finding a qualified private doula, or a student doula (generally available at a much lower cost). This is not an exhaustive list.

If someone is specifically interested in privately hiring a doula who also volunteers with us, their basic details (Location, EDB, planned birth place, specific requests) can be emailed to [referrals@birthforhumankind.org](mailto:referrals@birthforhumankind.org) for circulation to the volunteer doula team, and the contact details of any doulas who respond can be passed on to the potential client.

As an alternative to doula support, student midwives can provide free support to anyone regardless of economic circumstances. Details of some ways to find a student midwife in the Melbourne area are also listed below.

Birth for Humankind has no formal affiliation with any of the below services and therefore cannot provide specific information about them or their members/students.

### **Australian Doula College**

Both student and qualified doulas are available.

Student Doulas cost approximately \$450 per service; birth support and extended postnatal support (EPS) are separate services. EPS is 24 hours of postnatal support within the 6 weeks after birth.

Qualified doulas set their own fees.

Contact Bronwyn Dunlop at the College for exact costs, further details, and matching with a suitable doula.

[bronwyn@australiandoulacollege.com.au](mailto:bronwyn@australiandoulacollege.com.au)

Mobile: 0424 434 722

Hours: Monday -Thursday 10am – 3pm

### **Doula Training Academy**

Both student and qualified doulas are available.

<https://doulatrainingacademy.com.au/find-a-doula/>

### **Find A Doula**

A national directory of doulas.

[https://findadoula.com.au/member\\_list/](https://findadoula.com.au/member_list/)

**Doula.com.au**

A national directory of doulas.

<https://www.doula.com.au/>

**Doula Directory**

A national directory of doulas.

<https://www.douladirectory.com.au/>

**Doula Directory Facebook Group**

You can ask if any student doulas are available.

<https://www.facebook.com/groups/324923570991992>

**Newborn Mothers Directory**

An Australian-based directory of postnatal doulas from around the world who have completed the Newborn Mothers postnatal doula training program.

<https://newbornmothers.com/directory#!directory/ord=rnd>

**Student Midwives**

Student midwives provide free birth support in hospitals. They are required by their university to sign a client up by 35 weeks of pregnancy, and they must attend appointments before and after the birth. Below are some ways you can find a student midwife.

**Birth Hub**

A list of student midwives in Melbourne. You can read about them and call the students directly to ask if they are available to support you.

<https://www.birthhub.info/student-midwives.html>

**A Student for Every Woman**

Facebook group connecting pregnant women with student midwives in Melbourne and Geelong.

<https://www.facebook.com/groups/280671229026793/>

**Australian Catholic University**

You can register your interest via the university about arranging support from one of their student midwives.

<https://www.acu.edu.au/about-acu/faculties-directorates-and-staff/faculty-of-health-sciences/facilities-and-services/continuity-of-care>